# Packing list

For school and youth groups on the Gaia

There is less space on board than in a hotel. A soft holdall or kitbag fits much better in the cabin than a hard suitcase.

## Sleeping and washing

- [ ] Sleeping bag or duvet (beds have a fitted sheet and pillow with case)
- [ ] Towels
- [ ] Wash bag
- [ ] Personal medication for the whole trip

## On deck

- [ ] Non-slip shoes
- [ ] Waterproof shoes or boots
- [ ] A pair of shoes for ashore
- [ ] Sun cream, sunglasses and a cap
- [ ] Small day pack for trips ashore

## For group leaders

- [ ] List of parents' emergency numbers
- [ ] Overview of medication and allergies (also for the skipper)
- [ ] Cabin, cooking team and duty rota
- [ ] Food and drink for the coach journey

## Clothing

- [ ] Clothes in layers, with a warm jumper or fleece
- [ ] Windproof and waterproof jacket
- [ ] Waterproof trousers
- [ ] Hat or cap, scarf
- [ ] Swimwear

## Also

- [ ] ID card or passport and EHIC card
- [ ] Charger (sockets in the cabins)
- [ ] A game or book for the evening
- [ ] A little pocket money for an ice cream or souvenir

Rather not carry bedding? Duvet and towel sets can be hired from us.

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